



## Pre-Operative Care Instructions for EpiLASIK

### Prior to Procedure:

- Read & sign informed consent form and check off appropriate blocks if there are no questions.
- Call TLC, if you have any concerns/questions regarding informed consent.
- Unless advised otherwise by your doctor, remove your contact lenses according to the following schedule:
  - Soft Daily Wear - 7 days prior to consultation and procedure.
  - Soft Extended Wear and Torics - 2 weeks prior to consultation and procedure.
  - Rigid Gas Permeable (RGP) and Hard Lenses (PMMA) - 4 to 6 weeks, plus one week per decade of wear, prior to consultation and procedure.
- Schedule your 7 day post-op appointment with your TLC affiliate eye doctor \_\_\_\_\_, if not already done.
- Use one drop of the prescription antibiotic (Vigamox/Zymar) in each operative eye the night before surgery and again the morning of surgery.
- Take one pill of the prescription Neurontin the night before surgery and again the morning of surgery.
- Please bring all prescriptions the day of surgery and we will go over the rest of your instructions on the day of surgery.

### Day of Procedure:

- Arrive no later than \_\_\_\_\_ am/pm on \_\_\_\_\_.
- Expect to be here between 2-4 hours on day of surgery.** Many activities will happen on your procedure day prior including: signing-in, any additional testing, informed consent, payment, prep for surgery, surgery, and post operative care. Post-Operative recovery lasts approximately 20-30 minutes.
- You will need a driver.
- Do not use hairspray, powders, lotions, perfumes/colognes, and no make-up.
- Bring your surgery packet and payment.
- No dietary restrictions. If you are a diabetic, please bring a snack as needed.
- If you are currently taking medications, continue to take them as prescribed by your physician. If you have started any new medications please let us know. If you have questions about medications call the center.
- Dress comfortably with layered warm clothing. It is cool inside the laser suite but the rest of the center is at normal temperature.
- No cellular phones or pagers are allowed in the prepping area or the laser suite.
- Due to the length of time anticipated on day of surgery it is asked that you do not bring children. We are a medical facility and not equipped to accommodate them.
- Do not make any plans for the evening of your surgery. You will be sent home to sleep for the remainder of the day/evening.

### One Day Post-Op:

- You will be given your appointment time for your one day post-op exam on the day of procedure.
- You will need a driver.

***\*We are delighted that you have chosen to have your laser vision correction procedure at TLC Laser Eye Centers-Charlotte. We hope you will enjoy seeing the world through your new eyes. If you have any questions regarding this information, please call us at 704-344-0474.***

*Thank you for allowing TLC to be part of your laser vision correction experience.*